

U3A

THE UNIVERSITY OF THE THIRD AGE

Waltham Abbey U3A LAUNCH



U3A's are run voluntarily by its members for its members, non profit, self funded, educational and leisure for men and women who no longer have home and work responsibilities, i.e. in their third age.

The type of interest groups that could be available will be dependent upon available resources -

YOU, Volunteers

Typical U3A interest groups; History, Knitting, Sewing, Card Making, Book Reading, Poetry, Languages, Flower Arranging, Scrabble, Rummikub, Outings, Walking, Music Appreciation and more

Why not give it a try? - You having nothing to lose and so much to gain